

Cell Notes 07 February 2016 Theme: The Feast of the Transfiguration

Key words: glory, worship, transformation, Moses, Elijah, retreat, prayer etc.

Welcome

How is it with your soul?

Worship

Word

Luke

- What struck you about worship this past Sunday?
- The mountain, in scripture, is a place where God can be encountered e.g. Moses (Ex. 19, 24, 34) and Elijah (1 Kings 19). Worship is our traditional 'mountaintop experience', a space intentionally set aside to encounter God.
 - What impact does worship have in your life and in the world around you?
 - Do you have any other stories to share about your own/other mountaintop experiences?
- Moses and Elijah appeared to Jesus and they spoke about His departure (In the original manuscript, Luke uses the term 'exodus' for 'departure')
 - What images come to you mind when you reflect on the 'exodus'?
 - What does the exodus of Jesus to Jerusalem (crucifixion and mean in South African, DMC and your personal life?

Works

- In preparation for Lent we are celebrating Shrove Tuesday at the church (09th Feb)- the last day before Lent, and the Ash Wednesday is at 19h00 on the 10th Feb- the beginning of Lent.
- Reflect on Lent, ask God to reveal to you how you can face the temptations of power, wealth and addiction to your bodily appetites.