

Cell Notes 17 July 2016

Theme: The Hymn of the Cosmic Christ

Key Words: Christ at the centre, cosmos, the Body of Christ, Hymns, creation, evil, sin, injustice etc.

Welcome

How is it with your soul?

What struck you during worship this past Sunday?

Worship

Psalm 15

- **Battle-Hymn of the Republic by Julia Ward Howe**

Mine eyes have seen the glory of the coming of the Lord:

He is trampling out the vintage where the grapes of wrath are stored;

He hath loosed the fateful lightning of his terrible swift sword:

His truth is marching on.¹

Or sing another song of praise.

Prayer.

Word: Colossians 1: 15-20

A: Verses 15—18a are about Christ and creation

B: verses 18b—20 are about Christ and the Church

Choose as verse or a phrase from the reading e.g. verse 18.

A) Read the verse. Listen for a word/phrase that most attracts your attention:

- 1) One person reads the verse
- 2) Another reads
- 3) 1 min. silence (repeat word quietly to yourself)
- 4) Share word/phrase, without elaboration, defence etc.

B)Read, again this time listen for how touches your life today (consider possibilities or receive sensory impression)

- 5) Read the verse

¹ Julia Ward Howe (1819-1910) published her popular Union song, "Battle-Hymn of the Republic," in the Atlantic Monthly in 1862. Carol Steinbeck thought the first verse's phrase "the grapes of wrath" would be the perfect title for her husband's epic novel.

Colossians: The Power of Christ

6) 2 min. silence

7) Those willing share how the verse affected them (e.g. I see..., I feel..., I sense..., I hear...)

Works

C)Read again listen for invitation to respond in days ahead

8) Read the verse

9) 2 min. silence

10) Share the invitation (God invites me...; I feel Jesus asks me...)

D) Pray

11) Pray for person on your right (one can pray silently and finish with an audible Amen).
Pray particularly around the invitation to respond shared by the person.