DURBANVILLE METHODIST CHURCH

Growing A Family Aflame, Sharing God's Love with All

www.durbanvillemethodist.co.za

MINISTER'S NOTE **25 OCTOBER 2026**



Today, we are raising awareness about mental health and reminding one another that caring for our mental and emotional well-being is an important part of caring for ourselves and one another. Mental health challenges can affect any of us. Conditions such as depression, anxiety and bipolar disorder are real illnesses, sometimes linked to biological factors. They are not signs of weak faith or personal failure. There is no shame in struggling, and seeking professional help is an important act of care.

If you are struggling, give yourself permission to reach out, or allow someone to walk alongside you. If someone you love is struggling, your kindness, patience and willingness to listen can mean more than you realise. Sometimes, simply being present is a precious gift.

We find comfort in knowing that we are precious to God, in our joy and in our pain, in our strength and in our vulnerability. We can bring our struggles to God while also seeking the care and support we need. It is okay not to be okay. It is okay to ask for help. There is hope, even when you cannot see it yet.

May we become a community where we listen without judgement, care without stigma and encourage one another to seek help when needed.

You matter. You are loved. You are not alone.

Blessings,
Vuyelwa.

READING:
1 Kings 19: 1-8, 2 Corinthians 1: 3-7

SUNDAY SCHOOL & YOUTH: 09h00 - 10h00.

Generosity starts with the heart. We don't have to have lots to be generous.

A kind word, a helping hand, sharing what we have or making time for someone can all be gifts. Join us this Sunday as we discover the joy of generosity.

DMC FAMILY NEWS

PRAYER

Catherine Rae
All students writing exams

Kindly inform the office of members who have been admitted to hospital. Tel. 021 976 0598.
Please contact the office if you have any prayer request.

FLOWERS

In place of flowers today Marlene Damster has made a donation to Social Concerns. In loving memory of my husband Des. FOREVER IN MY HEART. To the Glory of God. Three years apart, yet always close in heart. "But the greatest of these is love". (1Corinthians 13:13).

SERVICE & GENEROSITY

SOCIAL CONCERNS - TOY DRIVE

We are appealing to the Congregation for donations of new and used toys for the less privileged kiddies for Christmas gifts. Please leave at the help desk or the office. Our Toy Drive will be on the 8 November. Thank you.

CHRISTMAS, BIRTHDAY and OTHER GREETING CARDS

After each Communion Service FIA will be selling cards to try and raise funds. The cards are R5 each. Christmas cards R15.00 for a pack of 5. Please try and support them.

BIRTHDAYS

We wish you God's Richest blessings as you celebrate your special day

Ada Middleton	26 October
Gottfried Weber	26 October
Rene Caldwell	27 October
Glynnis Liedeman	28 October
Kurt Moore	28 October
Margaret Oosthuizen	28 October
Vuyokazi Tutu	28 October
Chantelle Whittles	28 October

SUNDAY SERVICE 25 OCTOBER 2026
PREACHER REV VUYELWA NTSHINGA

NEW MEMBERS WELCOME, HOLY COMMUNION SERVICE and TEA *on Sunday 1 November at 09h00.*

UPCOMING EVENTS at DMC
WEDNESDAY COMMUNION SERVICE - at 9am.

FIA (FAITH in ACTION)

End of year function for FIA will be held on 11 November, at the Bowling Green. 09h30 for 10h00.

NAME TAGS

After service please leave your name tag in the plastic holders provided and not on the board.

Sacrificial giving can be done via EFT: MCSA DURBANVILLE SOCIETY - Standard Bank, Tyger Manor, Branch Code 051001, Account Number 07 199 869 1. Thank you for your generosity. Through your giving we are able to continue our various ministries.

Please see the new Snapscan QR code for you to use. If you are contributing via EFT, Cash or weekly Offerings, you can continue to do so - these payment methods will remain in place.

CONTACT NUMBERS & OFFICE HOURS

Minister: Vuyelwa Ntshinga **(w) 021 976 0598**
Vuyelwa's day off is Monday.
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Worship Pastor: Charles Egan **(w) 021 976 0598**
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Secretary: Yvonne Engelke **(w) 021 976 0598**
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Monday - Thursday: **08h00 - 15h00**
Friday: **08h00 - 13h00**

Office Tel: **021 976 0598, 021 976 0858**